

LOCATION INFORMATION

Located at 136 Sherman Avenue in The Sherman Avenue Medical Building, directly across from Yale New Haven Hospital St. Raphael Campus, is the New Haven Office of Total Pain Treatment Centers of CT.

TPTC is pleased to provide a safe, medical setting with off-street covered parking and convenience to public transportation with widely available rideshare options.

With additional offices planned for late 2023, TPTC continues its commitment to providing quality care, convenient locations, the latest technology, along with friendly and knowledgeable staff to all patients.



Let your Doctor Know You Want to Experience The Total Pain Treatment Difference!

Accepting New Patients



203-675-1199

www.TotalPainTreatment.com

Rev. 03/2023

OFFICE HOURS

| Day | Hours |
|-----------|-----------------|
| Monday | 8:00am - 4:30pm |
| Tuesday | 8:00am - 4:30pm |
| Wednesday | 8:00am - 4:30pm |
| Thursday | 8:00am - 4:30pm |
| Friday | 8:00am - 4:30pm |
| Saturday | Closed |
| Sunday | Closed |



www.TotalPainTreatment.com



136 Sherman Avenue - Lower Level
New Haven, CT 06511

203-675-1199 (Phone)

203-675-0277 (Secure Fax)



**Total Pain
Treatment Centers**
OF CONNECTICUT



A Total And Comprehensive Approach To Helping People Manage Chronic Pain



We're Here to Help

203-675-1199

Dealing with Pain

Chronic Pain, or pain/discomfort that goes on for a long time, is nothing to be ashamed of. Going through life coping with this type of pain from illness, injury, surgery, or treatments, is something with which many people must unfortunately deal.

It may be difficult performing even routine tasks and things such as sports, playing with your kids, and even leisurely walks may be a thing of the past. TPTC's caring staff of clinical and support specialists will listen and understand what is most important to you and help reach your goals.

Our goal is to reduce your pain and raise your quality of life. Treatment at TPTC can give you the skills to manage your chronic pain and make you more able to function, enjoy life, and possibly even return to work.

What Makes TPTC Different

TPTC focus on helping the entire patient manage daily life with a chronic pain condition. Focus is placed on the cause and management of chronic pain while maintaining positive behavioral health and lifestyle modifications.



The specially-trained clinical staff at TPTC focus on helping the entire patient manage daily life with a chronic pain condition. Care is given to the cause and management of chronic pain while maintaining positive behavioral health and lifestyle modifications. The goal is to help you engage in the daily activities you're used to!



Responsible Prescribing & Behavioral Assessments - The Total Approach

Chronic pain affects an estimated 50 million Americans. Pain may be managed with a variety of nonpharmacologic and pharmacologic treatments. While pain management with opioid analgesic therapies is recognized to offer therapeutic benefits for many patients, when not used appropriately, these medications can also lead to abuse and overdose. Furthermore, uncertainty regarding prescribing can result in dangerous over or under prescribing.

TPTC takes all treatment options seriously and will treat patients as individuals, not a number. By implementing behavioral health assessments at the "frontline" of the healthcare, both you and your provider are empowered with the knowledge and resources to set a path towards wellness.

Prior to each visit, patients will be prompted to complete a brief, yet powerful behavioral assessment. This information is valuable to your provider in developing the best individualized treatment plan.

Becoming a Patient

It's important to us that becoming a patient at TPTC is an easy process. We realize you're busy and want to help you keep your appointment(s). During business hours, **WE ALWAYS ANSWER THE PHONE!**

Your doctor or specialist refers you to us. They can call or fax us. We'll work with you and take care of the rest!

These referrals can come from your:

- Primary Care or Community Health Center
- Urgent Care, Walk-In, Emergency Room
- Orthopedist, Oncologist, Rheumatologist or Other Specialist

Treatment

Laser focused on returning patients to a quality of life free of pain and discomfort, the TPTC staff is uniquely trained in this area of medical intervention.

Treatment options are varied and we work closely with your referring provider to administer the best care. You'll be counseled on options that work best. Pharmacological (Medication) treatments are accompanied by lab studies and education. Patients may also be encouraged to engage in home exercises, dietary modifications, and in some cases analgesic (pain-relieving) injections.

If at any time a patient feels uncomfortable with treatment or has questions regarding the course of treatment, our staff is available to help.

As our patient, you have the right to improve your pain, improve your quality of life, enjoy activities again, and be treated with dignity and respect.

Insurance and Payments



TPTC is a proud provider of medical services that accepts CT Medicaid (Husky).

TPTC has a dedicated billing staff that works on your behalf to make sure you maximize the benefits of the health insurance you may have.

TPTC also works with Medicare and managed-care commercial health insurers. Please remember though, all our patients are responsible for payment of deductibles and office visit co-payments at the time of appointment. Payment arrangements may be made for those experiencing undue financial hardships.